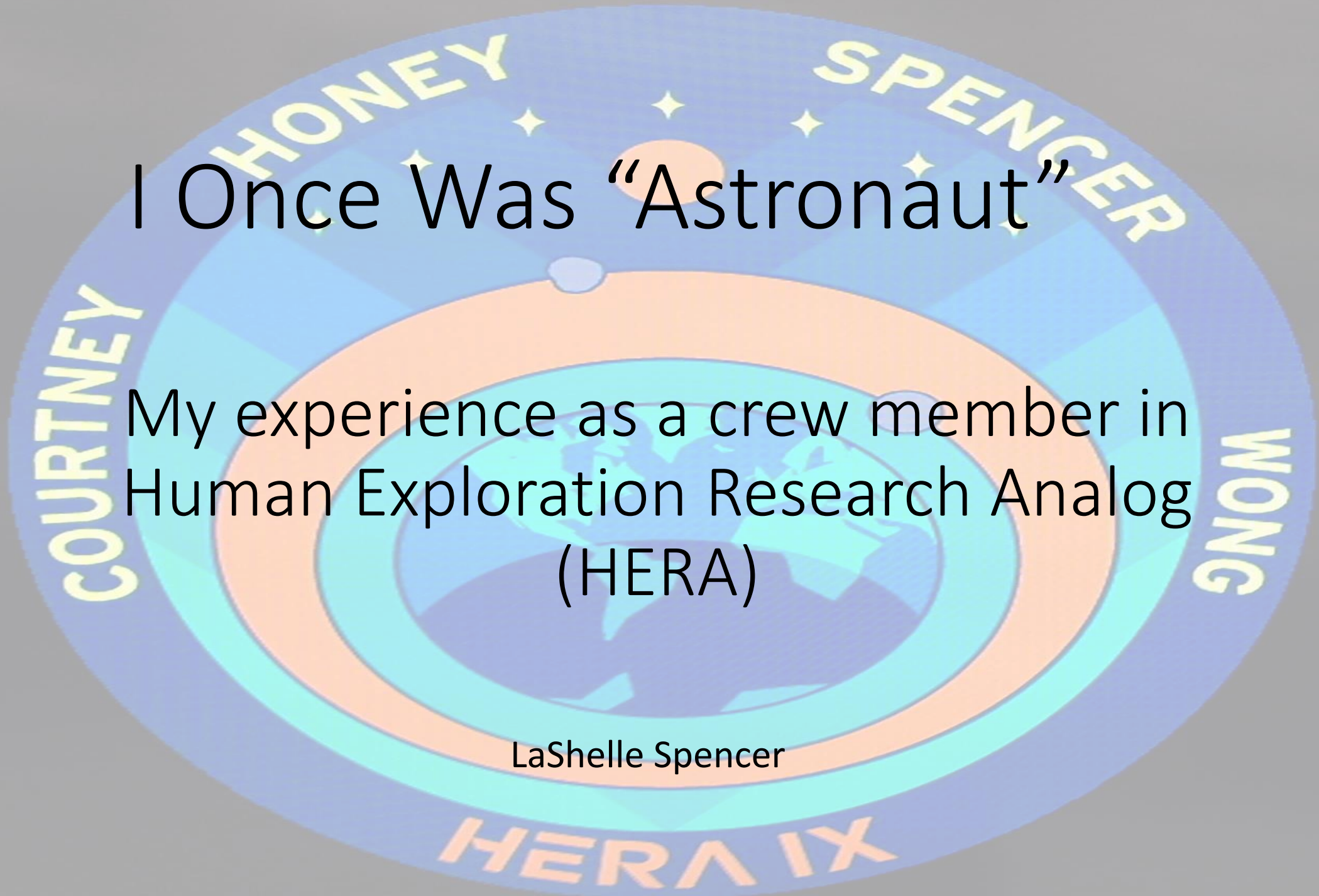


I Once Was “Astronaut”

My experience as a crew member in
Human Exploration Research Analog
(HERA)

LaShelle Spencer

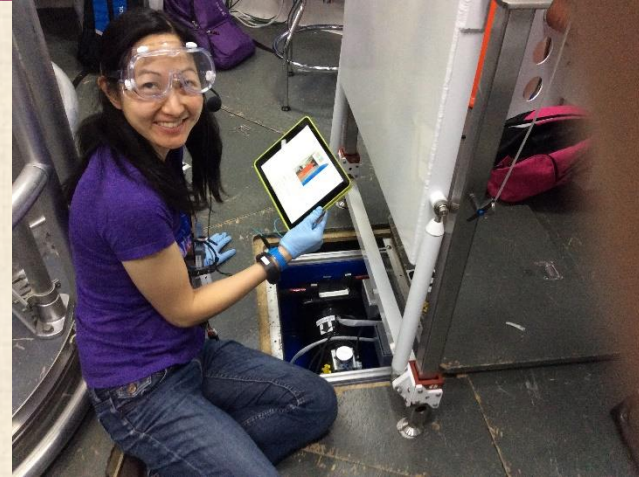
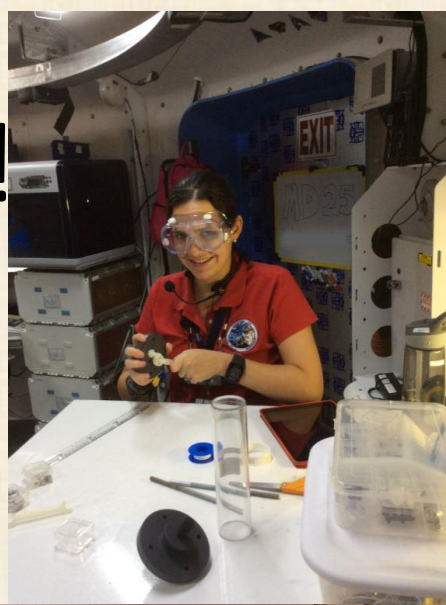


What is HERA?

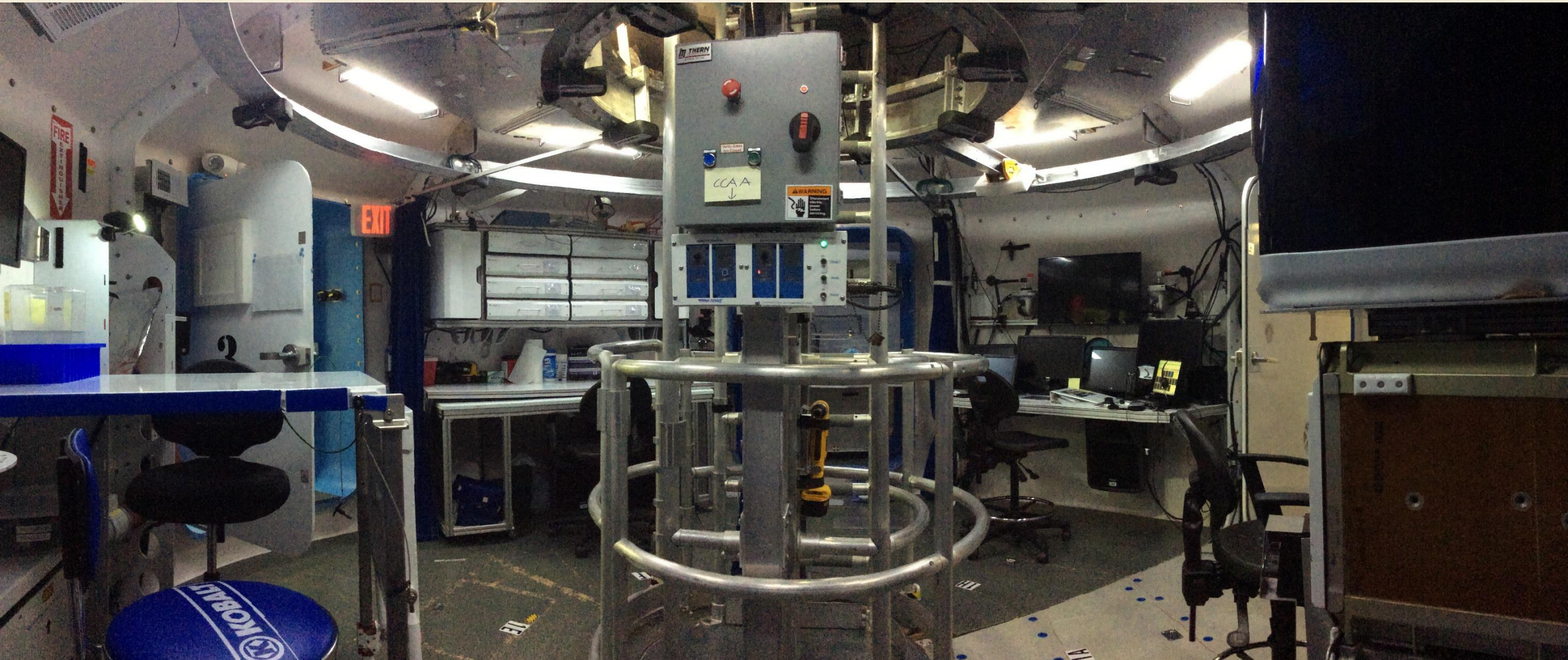


- Johnson Space Center (Houston, TX)
- Used to simulate the effects of isolation, confinement on human performance
- ~2 Month dedication
- Includes 2 week pre-mission for training and 1 week post mission for debriefing

Meet the Crew!



Level 1: Where did We Work?



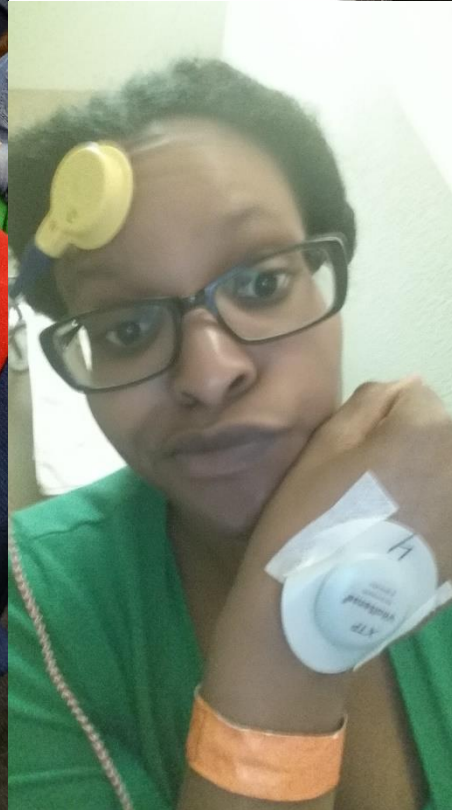
Level 2: Where We Ate and Played



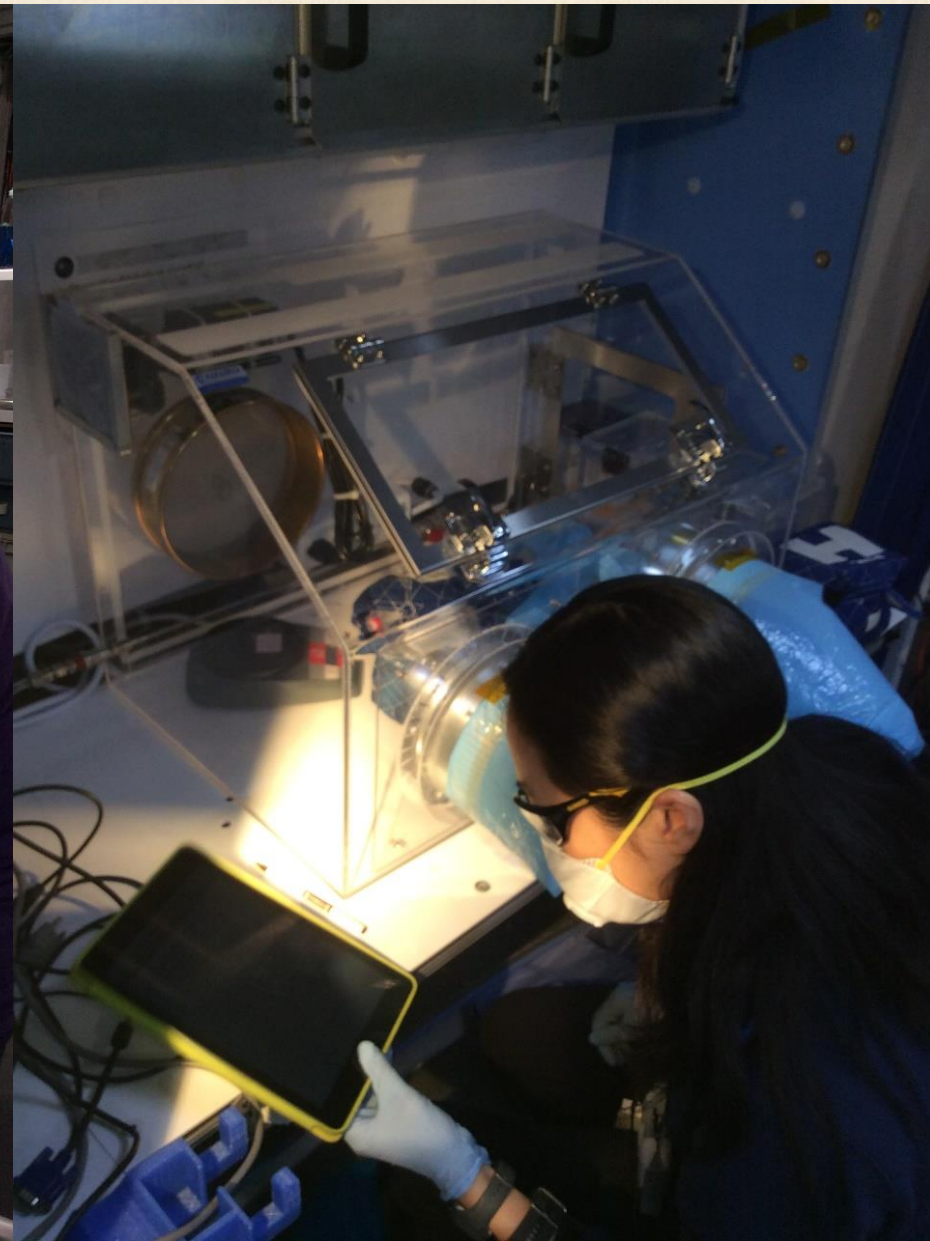
Level 3: Where Did We Sleep?



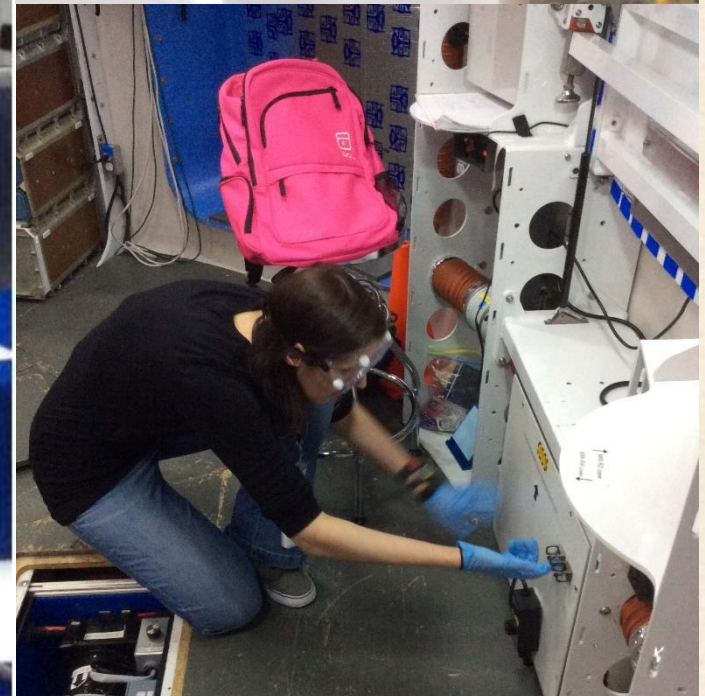
Why Fake Space?

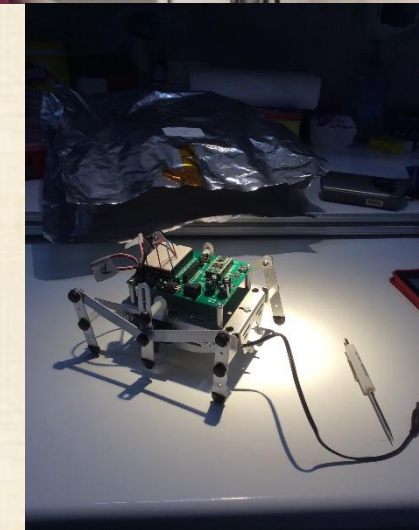


What Was Our 30-Day Mission?



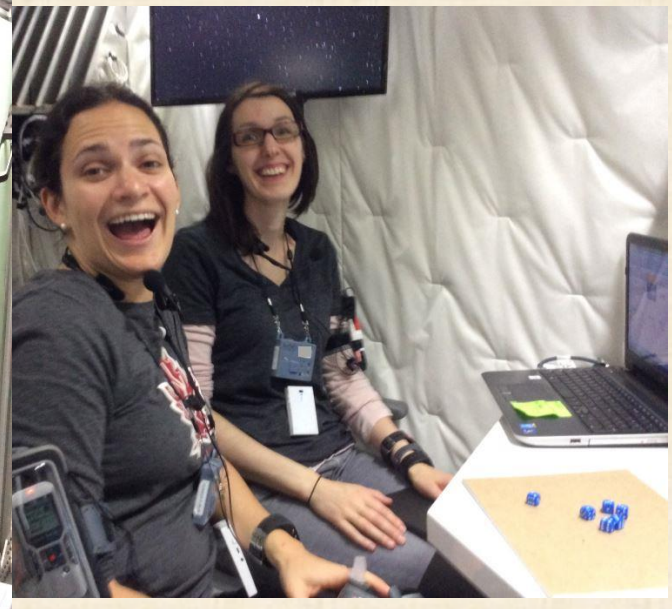
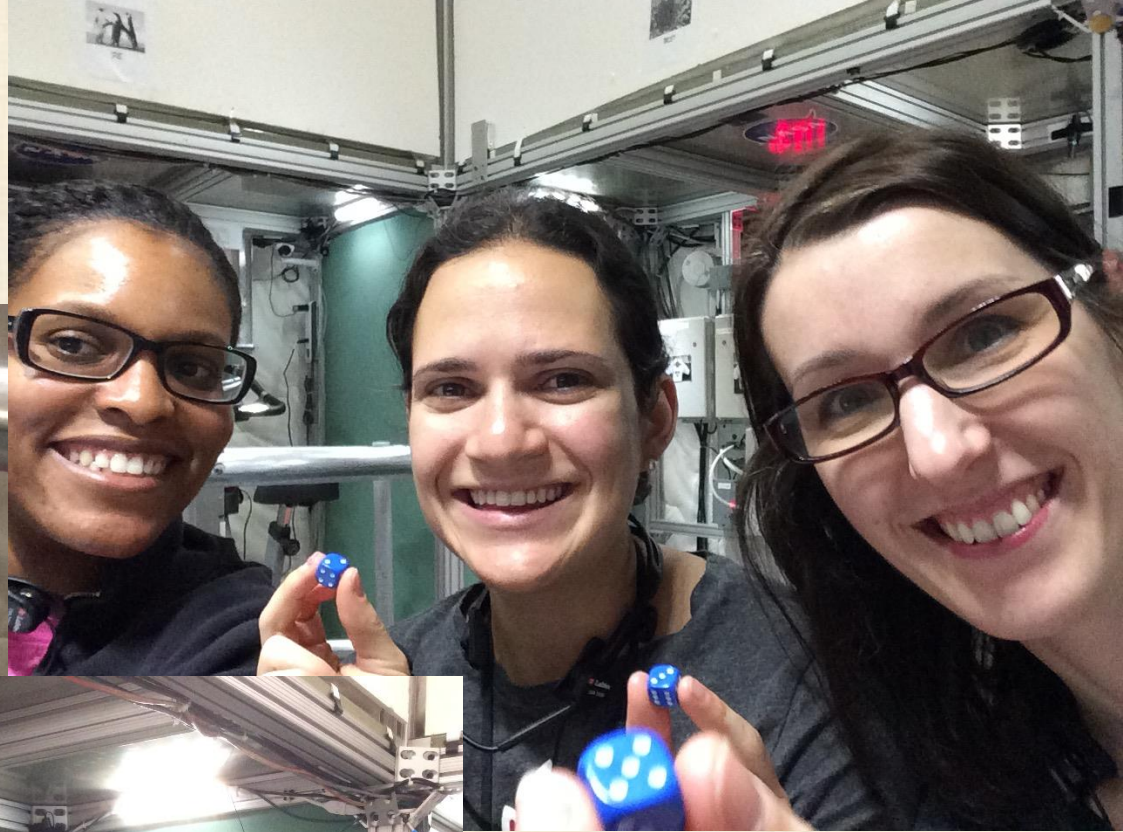
Our Mission...



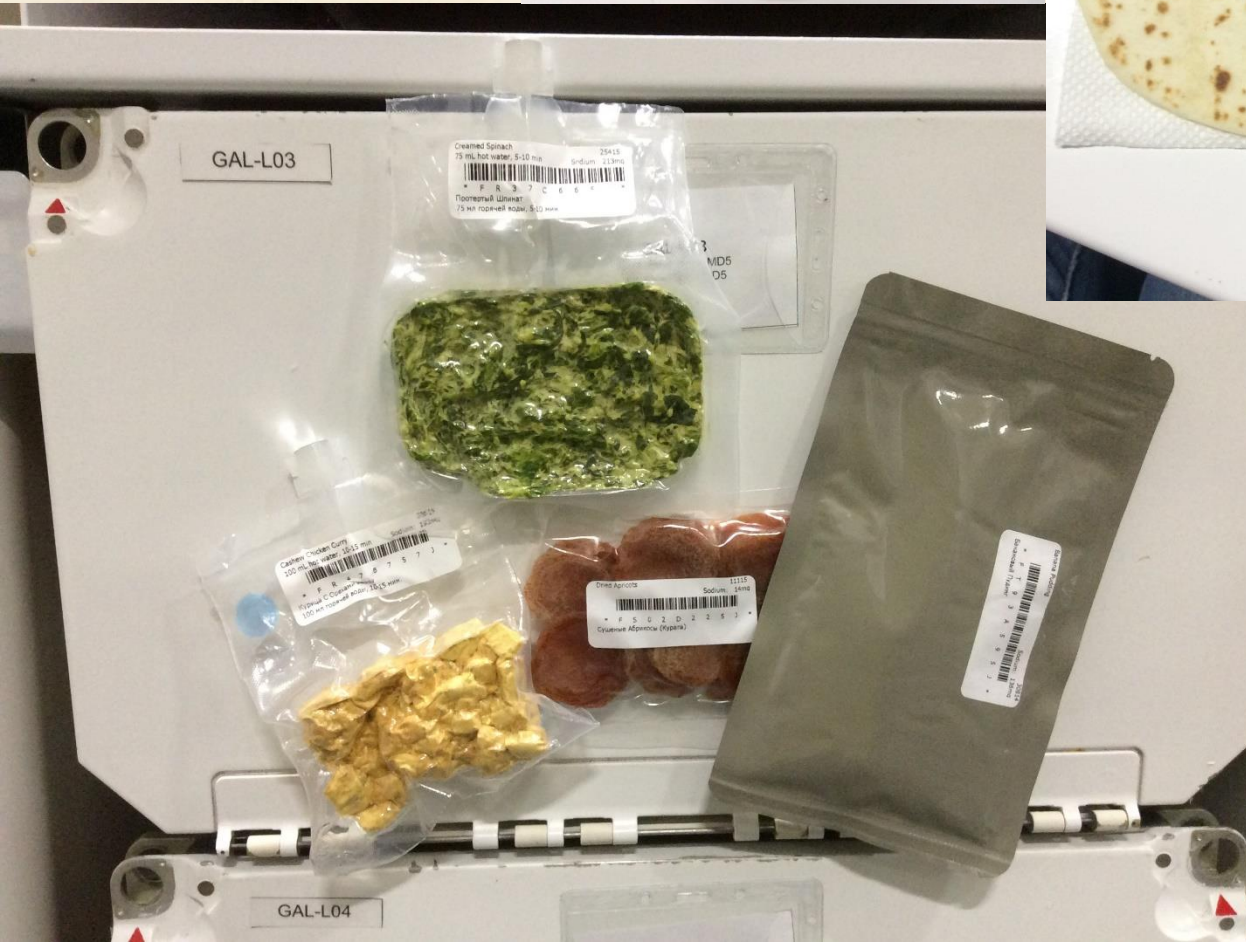
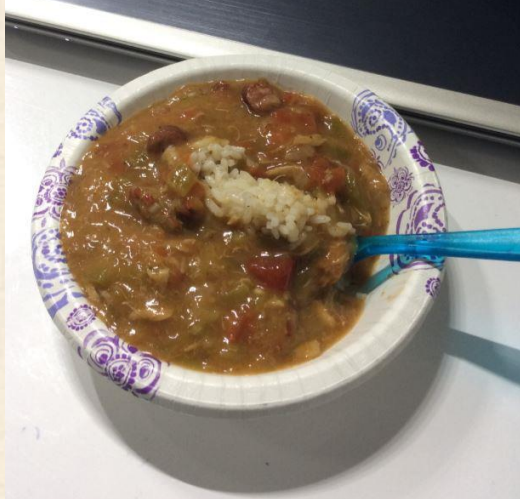




What did we do for fun?



What Did We Eat?



Thank you!
Questions?

